

# Delta Directory

## Summer 2020



TRI DELTA

Thank you for taking the time to leaf through the first Delta Directory for the greater Austin area!

Our goal is to promote local and small businesses during this time of uncertainty.

Advertisements were submitted by TriDelta friends and family across Texas and we hope you will keep these businesses in mind when you are shopping.

Please e-mail [atxdd.president@gmail.com](mailto:atxdd.president@gmail.com) if you'd like to submit an ad for the next edition.



 @AustinTriDeltaAlumnae

 Austin Delta Delta Delta Alumnae

### Save the 2020 Dates!

September 19 – St. Jude 5K Walk

September 23 – Fall Kickoff Party

October 6 – Movie Club

October 10 – Letter Hike

October 13 – Happy Hour

November 3 – Movie Club

November 7 – St. Jude's Gala

November 11 – Founder's Day Party

December 2 – Holiday Happy Hour

December 8 – Movie Club

*\*Events will be cancelled as needed due to Covid*



### Message from the Board

The Austin TriDelta Alumnae Chapter would like to present to you the first *Delta Directory*!

Our goal of this group is to include as many TriDelta alumnae in the Austin area as we can. Please reach out and let us know the events you'd like to see and the best neighborhoods to hold activities.

In the future, please consider paying dues. When paying dues, you'll get the coveted babysitter list compiled by the University of Texas TriDeltas, discounts to the Fall Kickoff Party and Springtime Pansy Party, and updates on the new Moms Group as well as other perks!

Please join our Facebook and Instagram to keep up to date on the Chapters news and events. We'll send out newsletters periodically but don't want to spam your inbox.

We can't wait to see everyone out there!

*Delta Love*



*Denotes TriDelta owned and operated!*



TRI DELTA



# HAEL & HOUNDS

DOG TRAINING &  
BOARDING

512-750-1121

haelandhounds@gmail.com

haelandhounds.com

HAEL & HOUNDS

## FREE BATH

let your pet's coat shine!  
Receive a free bath upon departure  
from either a board and train or  
boarding stay.

## \$100

**Off on a Board & Train**

Let your pet's obedience shine!  
We provide fast results for your dog as  
they stay in our home and receive  
personal daily training with lots of  
love and care!

HAEL & HOUNDS

## \$20

**Off on Boarding**

HAEL & HOUNDS

## \$40

**Off on Private Lesson**

Limit 1 coupon per customer.





# Sullivan Physical Therapy

Specialized Treatment for:  
Blocked Milk Ducts  
Cesarean, Episiotomy and Scar  
Pain  
Constipation and Irritable Bowel  
Syndrome  
Diastasis Recti  
Incontinence - Fecal, Gas and Urine  
Low back, Sciatica and Tailbone  
Pain  
Painful Sex and Menstruation  
Pre/Post Natal Pain and Weakness  
Organ Prolapse  
Prostatitis, Prostadynia  
Post Surgical - Hysterectomy and  
Prostatectomy  
Urgency - Bladder and Bowel

12411 Hymeadow Drive  
Austin, Texas 78750  
(512) 335-9300

[www.sullivanphysicaltherapy.com](http://www.sullivanphysicaltherapy.com)  
@SPTClinic





TRI DELTA

Save the Date  
for the 14<sup>th</sup> annual

ST. JUDE  
*Lone Stars  
& Angels*

**SATURDAY, NOVEMBER 7, 2020**

**6:00 – 10:00 PM**

**THE FAIRMONT AUSTIN**  
101 Red River St. • Austin, TX

cocktails • dinner • live & silent auctions  
give to live • dancing • live entertainment

**SPONSORSHIPS & INFORMATION**

Laura.Murphy@stjude.org • 512.651.6052  
[stjude.org/austin](http://stjude.org/austin)

**St. Jude  
Walk/Run**



**Sept. 19**

Dell Diamond

[stjude.org/walkaustin](http://stjude.org/walkaustin)



©2020 ALSAC/St. Jude Children's Research Hospital (SJWR-523)

St. Jude Children's Research Hospital • (606) 694-7200





# Bedtime Boss

BABY & TODDLER SLEEP CONSULTING



## BABY NOT SLEEPING?

I help exhausted moms and dads  
get their babies and toddlers  
sleeping through the night!

*Working with Caroline was  
one of the best decisions we've  
made so far as new parents!*

*Erin R., Austin, TX*

**Get my Free Nap Guide!**  
**[bedtimeboss.com/freeguide](https://bedtimeboss.com/freeguide)**

BEDTIMEBOSS.COM

CAROLINE@BEDTIMEBOSS.COM

*Caroline Pavlinik, Certified Pediatric Sleep Consultant*







# Whole Body Care for the Whole Family

[AustinHillsChiropractic.com](http://AustinHillsChiropractic.com)



Dr. Rachel Bailey, DC  
Intuitive Holistic  
Chiropractor

512-585-4654  
3839 Bee Caves Road  
Suite 206  
Austin, Texas 78746







SUE ELLEN JACKSON  
MARKETING & COMMUNICATIONS

Marketing Strategy & Branding  
Writing/Editing & Design  
Public & Media Relations

[www.sejacksonmarketing.com](http://www.sejacksonmarketing.com) // [sue.ellen.jackson1@gmail.com](mailto:sue.ellen.jackson1@gmail.com) // (512)-925-5259



the best boutiques, the biggest sale  
all under one roof.

houston tri delta alumnae present

*the* **SALE**

**SATURDAY, JANUARY 9TH &  
SUNDAY, JANUARY 10TH**

Bayou City Event Center

shop to cure childhood cancer

for tickets and info  
[www.thesalehouston.com](http://www.thesalehouston.com)







TRI DELTA

Bathing suit ✓  
Sunscreen ✓  
Good book ✓

WE'LL TAKE CARE OF THE REST.



**STAGECOACH  
INN**

BOOK NOW! PHONE 254.947.5111 OR VISIT [STAGECOACHSALADO.COM](https://stagecoachsalado.com) TODAY.

416 S. MAIN STREET, SALADO, TEXAS 76571 | [INSTAGRAM.COM/STAGECOACHSALADO](https://www.instagram.com/stagecoachsalado)

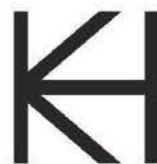




COMPASS

## Kim Howard: A Luxurious Approach to Buying & Selling

Kim's greatest satisfaction comes from assisting her clients reach financial and lifestyle goals through real estate. Diligent communication, innovative marketing strategies and robust negotiation skills will ensure your real estate experience is exceptional.



Kim Howard, Realtor

512.914.2873

[kimhoward@compass.com](mailto:kimhoward@compass.com)

[kimberley-howard.com](http://kimberley-howard.com)

Kim Howard is a real estate agent affiliated with Compass. Compass is a licensed real estate broker and abides by federal, state and local laws. Equal Housing Opportunity.



TRI DELTA

# BEAUTYCOUNTER<sup>®</sup>

BEAUTY  
SHOULD BE  
GOOD FOR YOU

*I'd love  
to introduce  
you to  
Beautycounter!*

COME CLEAN

[KRISTI@PRISMNET.COM](mailto:KRISTI@PRISMNET.COM)

[BEAUTYCOUNTER.COM/KRISTIDUKE](http://BEAUTYCOUNTER.COM/KRISTIDUKE)



IF YOU THINK  
WE'RE JUST  
SELLING LIPSTICK,  
YOU'RE NOT PAYING

*attention* 



**Royal Orange Trading Company, LLC, imports beautiful and unique products from Europe, such as home & office décor, modern kitchenware, and many other exotic items.**



**Contact Laura directly to receive a  
Tri Delta discount by emailing:  
[Laura@royalorangetradingco.com](mailto:Laura@royalorangetradingco.com)  
Or by calling: 281.703.4785**

**RoyalOrangeTradingCo.com**







**The Piazza Center**  
FOR PLASTIC SURGERY & ADVANCED SKIN CARE

**Hayley Peña,**  
B.S.N., R.N., C.P.S.N.

**Lead Nurse Injector**  
**Specializing in**  
**Botox and Filler**

[www.thepiazzacenter.com](http://www.thepiazzacenter.com) // [hayley@thepiazzacenter.com](mailto:hayley@thepiazzacenter.com)  
[www.instagram.com/piazzacenter\\_hayleyrn](https://www.instagram.com/piazzacenter_hayleyrn) // 512.288.8200

**SPRUCED**

Floral Wreaths | Floral Decor | Floral Backdrops

@spruceddecor

